

# WEEK 2

- **MONDAY**

AFD/KID NIGHT

- **TUESDAY**

TACOS

SIDES: WATERMELON, RICE, AVOCADO SLICES

- **WEDNESDAY**

STEAKHOUSE VEGGIES (OR) BEEF & CABBAGE STIR FRY

SIDES: COTTAGE CHEESE, PEACHES

- **THURSDAY**

SPAGHETTI SQUASH PIE

SIDES: SALAD, GRAPES, CHEESE

- **FRIDAY**

ROAST BEEF (OR) BEEF STEW

SIDES: ROASTED BUTTERNUT SQUASH, FRESH BREAD

\*\*TREAT NIGHT\*\*

- **SATURDAY**

LUNCH: BIG SALADS (ADULTS) / CHICKEN NUGGETS (KIDS)

DINNER: AVOCADO GARLIC SHRIMP PASTA (HARD BOILED EGGS, STRAWBERRIES)

- **SUNDAY**

LUNCH: HASH BROWN BAKE (COTTAGE CHEESE, CHERRIES)

DINNER: CHILI (CRISS CROSS POTATOES)